

# SeaChange Maple Sugar Serving Suggestions



## ingredients:

SeaChange Maple Sugar - a little goes a long way!

## to prepare and serve:

- sprinkle on a latté or cappuccino
- sprinkle on ice cream
- sprinkle on hot oatmeal - see *SeaChange Canadian Maple Sugar on Steel Cut Oats*
- stir into plain yogurt
- add to cream before whipping
- sprinkle on hot buttered toast
- stir into fresh hot coffee or tea

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recipe provided by SeaChange Savouries Canada

**[www.SeaChangeSavouries.ca](http://www.SeaChangeSavouries.ca)**

*5% of profits donated to food banks*