

## Candied Salmon

<b>Nutrition Facts</b>			
Per 50 g			
Amount	% Daily Value		
<b>Calories</b> 70			
<b>Fat</b> 2 g	3%		
Saturated 0.5 g	2%		
+Trans 0 g			
<b>Cholesterol</b> 30 mg	10%		
<b>Sodium</b> 220 mg	9%		
<b>Carbohydrate</b> 2 g	1%		
Fibre 0 g	0%		
Sugars 0 g			
<b>Protein</b> 12 g			
Vitamin A	2%	Vitamin C	0%
Calcium	2%	Iron	2%

## Maple Gazed Smoked Salmon

<b>Nutrition Facts</b>			
Per 50g			
Amount	% Daily Value		
<b>Calories</b> 100			
<b>Fat</b> 4g	6%		
Saturated 1g			
+Trans 0g	5%		
<b>Cholesterol</b> 20mg	7%		
<b>Sodium</b> 420mg	18%		
<b>Carbohydrate</b> 3g	1%		
Fibre 0g	0%		
Sugars 4g			
<b>Protein</b> 12g			
Vitamin A	2%	Vitamin C	10%
Calcium	2%	Iron	4%

## Ice Wine Glazed Smoked Salmon

<b>Nutrition Facts</b>			
Per 50 g			
Amount	% Daily Value		
<b>Calories</b> 70			
<b>Fat</b> 2 g	3%		
Saturated 0.5 g	2%		
+Trans 0 g			
<b>Cholesterol</b> 30 mg	10%		
<b>Sodium</b> 220 mg	9%		
<b>Carbohydrate</b> 2 g	1%		
Fibre 0 g	0%		
Sugars 0 g			
<b>Protein</b> 12 g			
Vitamin A	2%	Vitamin C	0%
Calcium	2%	Iron	2%